MEDICAL INFORMATION SHEET FOR

name of child

use back of page for additional space for answers
Name of Doctor or Medical Practice
Address & Telephone Number
Health Insurance Information
Date of Last Physical Exam
Name of Medications taken by Child
Reason for the Medication
Dose & Frequency
Allergies to Food or Medication, Seasonal Allergies
Frequent Illness or Medical Conditions of Child, such as ear infections, allergies, etc. and treatment
Name of Dentist or Dental Practice
Address and Phone Number
Date of Last Dental Exam
Ongoing Dental Treatment
Name of Eye Doctor or Practice, if any
Wears glasses? Yes/ No

SCHOOL, ACTIVITY, AND CHURCH INFORMATION SHEET FOR

name of child

[Make sure that designated caretaker and emergency contact are on the list of people authorized to pick up your children from school or other activities.]

use back of page for additional space for answers

School Name, Address, and Phone Number of School______ Grade and Name of Teacher (younger children) or Guidance Counsel (older children) Special Educational or Language Services, if any______ If your child has an Individualized Educational Plan (IEP), attach a copy to this form. Medications Child Receives at School, if any______ Frequency of medication_____ **Activities** After-School and Weekend Activities: Activity, Time, Place, Phone Numbers Teachers (e.g., music, sports, etc.) Tuesday Wednesday Thursday Saturday Sunday Church Name, Address, and Phone Number of Church attended, if any _____ Religious School and Religious Activities, Days, Times, Locations, Instructors_____

HELPFUL THINGS TO KNOW ABOUT

child's name
use back of page for additional space for answers
Favorite Foods
Disliked Foods and Any Food Allergies
Bedtime and Bedtime Routines
Favorite Toys, Books, Games, and Activities
TV Shows, Movies, and Computer Games, and How Much Time, Allowed
Names of Close Friends, their Parents, and Contact Information
Curfew (for Older Children)
Driving Restrictions (for Older Children with License)
Other Restrictions (for Older Children, such as, where allowed to go, who they can go out with, whose car they car be a passenger in, sleepovers, etc.)
NAMES, ADDRESS, PHONES NUMBERS OF FAMILY, FRIENDS, and NEIGHBORS FOR
name of child
use back of page for additional space for answers
Adult Sisters and Brothers
Grandparents_
Godparents
Aunts and Uncles
Cousins
Family Friends

Emergency Contact Sheet for Designated Caretaker

Dear,
Please keep this sheet with you at all times.
If you learn that I have been taken into custody, please get my children right away. If they are not at home or school, they may be
If my children cannot be located, contact the (name and phone number of the local child welfare agency). Tell them the names of my children, their birth dates, and your name and phone number or other persons who may be able to care for my children.
Full Name, Date of Birth, and Name, Phone Number, and Address of School or Daycare
Full Name, Date of Birth, and Name, Phone Number, and Address of School or Daycare
Full Name, Date of Birth, and Name, Phone Number, and Address of School or Daycare
Full Name, Date of Birth, and Name, Phone Number, and Address of School or Daycare
Full Name, Date of Birth, and Name, Phone Number, and Address of School or Daycare
Name and Phone Number of Others to Contact

Emergency Contact Sheet for People other than Designated Caretaker

Dear,
Please keep this sheet with you at all times.
If you learn that I have been taken into custody, call my designated caretaker (name) (phone number) immediately to let
them know I have been taken into custody right away.
If you cannot reach my designated caretaker, please get my children right away. If they are not at home or school, they may be
If my children cannot be located, contact the (name and phone number of the local child welfare agency). Tell them the names of my children, their birth dates, and your name and phone number or other persons who may be able to care for my children.
Also please contact these other people who might be able to help (names and phone numbers)
Full Name, Date of Birth, and Name, Address, and Phone Number of School or Daycare
Full Name, Date of Birth, Name, Address, and Phone Number of School or Daycare
Full Name, Date of Birth, Name, Address, and Friend Name of Conserve System
Full Name, Date of Birth, Name, Address, and Phone Number of School or Daycare
Full Name, Date of Birth, Name, Address and Phone Number of School or Daycare